



Zambia Sexual Violence Information

This guide purpose is to provide information on services, and resources available at the country level to support sexual violence survivors and to help focal points complete the country-specific information template to respond to sexual violence. By adding a guide dedicated to responding to sexual violence for each country, Crossroads reinforces its commitment to a survivor-centered approach by giving survivors control of the decision-making process following an incident of sexual violence.

Please contact your Volunteer Support Advisor, or someone you trust at Crossroads International to support you. We are here to offer you the accompaniment and support you need.

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Steps to take

STEPS	WHAT? WHERE? HOW?	NOTES
1	Approach crossroads international staff close to you, someone whom you can share your personal life and explain what happened to you to get moral support and advise on how to start the journey	
2	Contact the victim support unit, under Community Services Directorate (CSD) of Zambia police to file the case. Victim Support Unit is one of the Units under CSD which is mandated to Investigate, Arrest, and prosecute all cases involving and committed against Spouse, Women, Children and the aged. The Unit also provides counseling to both victims and perpetrators of Gender Based Violence (GBV) and other crimes. It also creates awareness in the community on the prevention of GBV offences. The unit is mandated to partner with other stakeholders in fighting the GBV.	
3	Seek medical attention and proof of GBV from authorized hospitals as recommended by victim support unit. Ex. University Teaching Hospital (UTH)	Step 2 is mandatory to move on to step 3
4	In collaboration with Victim Support Unit. File a case to the court with the police report as well as medical report	Steps 2 & 3 are mandatory to move on to step 4

5	Following the case into the court system of Zambia assisted by Anti-Gender-Based Violence Act, 2010 (No. 1 of 2011)	Step 4 is mandatory to move onto step 5
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Medical services

Service	Detail (what tests or material is available)	Cost
1) A rape kit	<p>This kit is organized in a step-by-step manner, the instruction sheet explains in detail each step of the collection procedure. Components needed for each step are provided in separate, numbered envelopes.</p> <ul style="list-style-type: none"> * Step 1 Authorization for collection and release of evidence and information form * Step 2 Medical history and assault information form * Step 3 One 20" x 30" white paper sheet, two outer clothing bags and one under-garments bag * Step 4 Debris collection for nail scraping * Step 5 Towel and comb for pubic hair combing * Step 6 Envelope for pulled pubic hairs * Step 7 Slides, swabs and boxes for vaginal swabs and smear * Step 8 Slide, swabs and boxes for rectal swabs and smear * Step 9 Slide, swabs and boxes for oral swabs and smear * Step 10 Envelope for pulled head hairs * Step 11 Paper disk and envelope for saliva sample * Step 12 Two blood vials for known blood sample collection * Step 13 Anatomical drawings chart 	17310 ZMW to 25965 ZMW
2) Blood work	<p>Sexually transmitted infections (STIs) :</p> <ul style="list-style-type: none"> • HIV I/II 28 day test • Chlamydia • Gonorrhoea • Syphilis • Hepatitis B • Ureaplasma • Mycoplasma 	Average price: 5106 ZMW
3) Medications	<p>PLAN B (emergency contraceptive) : <i>Some countries also do not have any form of Plan B because family planning is taboo so this is one more medication that people can travel with to be on the safe side.</i></p> <p>Post-exposure for HIV Zambia National Guidelines recommend PEP regimen of AZT + 3TC + LPV/r (for pts with Hgb <10, replace AZT/3TC with TDF/FTC.</p>	The average cost per patient was 19473 ZMK
4) Ultrasound	An imaging test that uses sound waves to create a picture (also known as a sonogram) of organs, tissues, and other structures inside the body. Unlike x-rays, ultrasounds don't use any radiation.	The average cost is 400 ZMK

You should also use this section to highlight important information such as:

What hospitals can administer rape kits	University Teaching Hospital (UTH)
What will the hospital do with your information once you have given your statement and completed the tests?	They will keep it confidential and advise us to report to the police if we didn't so
What is the age of consent?	16 years

Contact information for local survivor support NGOs

NGO name	Address	Contact Information	Services provided
Masi Consulting	14 Ingwe Road, Woodlands, Lusaka, Zambia	+260 956 851 160 jamesmufugi@gmail.com	<i>Advocacy, survivor support, legal counsel, etc.</i>
NGOCC	Chisango Rd, Villa, Lusaka, Zambia	+260 211 224 727 info@ngocc.org.zm http://ngocc.org.zm/	<i>Advocacy, survivor support, Trauma Counselling</i>
Women For Change	Nchenga Road, Lusaka, Zambia	+260 95 3529951 info@wfc.org.zm http://www.wfc.org.zm/	<i>Advocacy, survivor support, legal counsel, Trauma Counselling</i>

Legal law enforcement/response

Age of consent	The Age of Consent to sexual intercourse in Zambia is 16 years and sexual intercourse with a person under the age of 16 years is illegal, however, an exception would exist if the couple is married under customary law
Consent	In Zambia, there is no minimum age of consent to marry for women under customary law. This is because the current customary practice allows any girl who attains puberty to get married
Domestic violence / Intimate partner violence	Domestic violence, also called "domestic abuse" or "intimate partner violence", can be defined as a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner.
Sexual harassment	Sexual harassment can be defined as unwelcome and unwanted sexual advances, requests for sexual favours, and other verbal or physical contact of a sexual nature that creates a hostile or offensive environment
Sexual Assault	Sexual assault occurs when a person sexually violates another person without their consent. It is a crime and must be reported.
Sexual Violence	Sexual violence refers to any sexual act or attempt to obtain a sexual act, or unwanted sexual comments or acts to traffic, that are directed against a person's sexuality using coercion by anyone, regardless of their relationship to the victim, in any setting, including at home and at work

Rape	Rape is the term that is commonly used for the first type of sexual violence mentioned above (forced/coerced intercourse). Rape can be defined as non-consensual sexual penetration, however slight, of any part of the body of the victim with a sexual organ, or of the anal or genital opening of the victim with any object or any other part of the body. The invasion is committed by force, or by threat of force or coercion, such as that caused by fear of violence, duress, detention, psychological oppression or abuse of power, against such person or another person, or by taking advantage of a coercive environment, or committed against a person incapable of giving genuine consent.
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